

The Hearth at Hendersonville  
419 East Main St  
Hendersonville, TN 37075



# November 2020



**Special Days in November**  
Roy Rogers Birthday—11/5  
Veterans Day—11/11  
Thanksgiving Day—11/26

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b> <a href="#">Daylight Saving Time</a></p> <p>10:00 T.V. Sermon 12:00 Meditation 12:30 Parachute games 1:00 Trivia 1:30 Ring Toss 2:00 Snack Time 2:30 Movie Time</p>	<p><b>2.</b></p> <p>9:00 Morning Activities 12:00 Meditation 12:30 Basketball 1:00 Short Story Corner 1:30 Ring Toss 2:00 <b>Snack and Chat</b> 2:30 <b>Exercise with Caitlin</b> 3:00 Dick Van Dyke show</p>	<p><b>3</b> <a href="#">Election Day</a></p> <p>9:30 <b>Scenic Bus ride</b> 12:00 Music &amp; Meditation 12:15 Move More 12:30 Trivia 1:00 <b>Ray Newman Sings</b> 2:00 <b>Snack and Chat</b> 2:30 Parachute game 3:00 Puzzle Time</p> 	<p><b>4</b></p> <p>12:00 Meditation 12:30 Afternoon Stretching 1:00 Lets talk Dream Catchers 1:30 Turkey Craft 2:00 <b>Snack</b> 2:30 Ring Toss 3:00 Trivia</p> 	<p><b>5</b> <a href="#">Roy Rodgers Birthday</a></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Move More 1:00 <b>Ice Cream Social</b> 1:30 Alphabetics Trivia 2:00 <b>Snack time</b> 2:30 Basketball 3:00 Spa day 3:30 Trivia</p> <p><b>COWBOY DAY</b></p> 	<p><b>6</b> <b>NACHO Day</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Scarf Dancing 1:00 Fruit Nachos 2:00 <b>Snack</b> 2:30 <b>Exercise with Caitlin</b> 3:00 Washer Toss 3:30 Think More</p> 	<p><b>7</b> <b>Happy Birthday Jane</b></p> <p>10:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Saturday Stretching 1:00 Bingo 2:00 Magnetic Darts 2:30 Memory Streets Trivia 3:00 Snack and Chat 3:30 The Lawrence Welk Show</p>
<p><b>8</b></p> <p>10:00 Morning Activities 10:00 TV Sermon 12:00 Music &amp; Meditation 12:15 Active Exercise 1:00 Picture This Discussion 2:00 Balloon Volleyball 2:30 Card Matching Game 3:00 Snack and Chat 3:30 Word Games</p>	<p><b>9</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Afternoon Exercise 1:00 <b>Hot Chocolate Social</b> 2:00 <b>Snack and Chat</b> 2:30 <b>Exercise with Caitlin</b> 3:00 Noodleball</p> 	<p><b>10</b> <b>Ugly Duckling Day</b></p> <p>9:30 <b>Scenic Bus Ride</b> 12:00 Music &amp; Meditation 12:15 Move More 12:30 Trivia 1:00 <b>Ray Newman Sings</b> 2:00 <b>Snack and chat</b> 3:00 Bingo 3:30 Name 5 you don't like</p>	<p><b>11</b> <b>Veterans Day</b></p> <p>9:00 Morning Activities 10:00 <b>Fred Bacon Sings</b> 12:00 <b>Veterans Day parade</b> 1:00 Music and Coloring 2:00 <b>Snack and Chat</b> 2:30 Finish the Phrase 3:00 Basketball toss 3:30 Think More</p> 	<p><b>12</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Move More 1:00 Music and Watercolor 2:00 <b>Ice Cream Social</b> 2:30 Spa Day 3:00 Trivia 3:30 Bingo</p>	<p><b>13</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Scarf Dancing 12:30 Stretch time 2:00 <b>Snack and Chat</b> 2:30 <b>Exercise with Caitlin</b> 3:00 Bingo 3:30 Think More</p>	<p><b>14</b> <b>Pickle Day</b></p> <p>10:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Saturday Stretching 1:00 Bingo 2:00 Donut Washer Toss 2:30 Memory Streets Trivia 3:00 Snack and Chat 3:30 I Love Lucy</p>
<p><b>15</b></p> <p>10:00 Morning Activities 10:00 TV Sermon 12:00 Music &amp; Meditation 12:15 Active Exercise 1:00 Picture This Discussion 2:00 Balloon Volleyball 2:30 Matching Dominoes 3:00 Snack and Chat 3:30 Word Games</p>	<p><b>16</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Afternoon Exercise 1:00 Short Story Corner 1:30 Basketball 2:00 <b>Snack and Chat</b> 2:30 <b>Exercise with Caitlin</b> 3:00 Noodleball</p>	<p><b>17</b></p> <p>9:00 Morning Activities 9:30 <b>Scenic Bus Ride</b> 12:00 Music &amp; Meditation 12:15 Move More 12:30 Picture This 1:00 <b>Ray Newman Sings</b> 2:00 <b>Snack and Chat</b> 3:00 Bingo 3:30 Finish the Phrase</p>	<p><b>18</b> <b>Mickey Mouse B-day</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Afternoon Stretching 1:00 <b>Apron Craft</b> 1:30 Jokes and Riddles 2:00 <b>Snack and Chat</b> 2:30 Finish the Phrase 3:00 Beachball toss 3:30 Think More</p> 	<p><b>19</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Move More 1:00 <b>Ice Cream Social</b> 2:00 <b>Snack and Chat</b> 2:30 Spa day 3:00 Trivia</p>	<p><b>20</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Scarf Dancing 1:00 Sing Along 2:00 <b>Snack Time</b> 2:30 <b>Exercise with Caitlin</b> 3:00 Snack and Chat 3:30 Think More</p>	<p><b>21</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Saturday Stretching 1:00 Bingo 2:00 Magnetic Darts 2:30 Memory Streets Trivia 3:00 Snack and Chat 3:30 The Lawrence Welk Show</p>
<p><b>22</b></p> <p>10:00 Morning Activities 10:00 TV Sermon 12:00 Music &amp; Meditation 12:15 Active Exercise 1:00 Picture This Discussion 2:00 Balloon Volleyball 2:30 Card Matching Game 3:00 <b>Snack and Chat</b> 3:30 Word Games</p>	<p><b>23</b></p> <p>12:00 Music &amp; Meditation 12:15 Afternoon Exercise 1:00 Trivia 1:30 Tabletop Bowling 2:00 <b>Snack and Chat</b> 2:30 <b>Exercise with Caitlin</b> 3:00 Game of Choice</p>	<p><b>24</b></p> <p>9:00 Morning Activities 9:30 <b>Scenic Bus Ride</b> 12:00 Music &amp; Meditation 12:15 Move More 12:30 Parachute Games 1:00 <b>Ray Newman Sings</b> 2:00 <b>Snack and Chat</b> 3:00 Name 5 foods</p>	<p><b>25</b> <b>HAT DAY</b></p> <p>9:00 Morning Activities 10:00 <b>Tralina Walker Sings</b> 12:00 Music &amp; Meditation 12:15 Afternoon Stretching 1:00 Music and Coloring 2:00 <b>Snack</b> 2:30 Finish the Phrase 3:00 Basketball 3:30 Think More</p> 	<p><b>26</b> <b>Happy Turkey Day</b></p> <p>9:00 MACY'S DAY PARADE 12:00 Music &amp; Meditation 12:15 Move More 1:00 Music and Coloring 2:00 <b>Ice Cream Social</b> 2:30 Hand Massages 3:00 Spa Time 3:30 Thanksgiving Trivia</p> 	<p><b>27</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Scarf Dancing 1:00 Sing Along 2:00 <b>Snack and Chat</b> 2:30 <b>Exercise with Caitlin</b> 3:00 Table Top Bowling 3:30 Think More</p>	<p><b>28</b></p> <p>10:00 Portrait time 12:00 Music &amp; Meditation 12:15 <b>Stretching Time</b> 1:00 Bingo 2:00 Donut Washer Toss 2:30 Memory Streets Trivia 3:00 Snack and Chat 3:30 I Love Lucy</p>
<p><b>29</b></p> <p>10:00 Morning Activities 10:00 TV Sermon 12:00 Music &amp; Meditation 12:15 Active Exercise 1:00 Picture This Discussion 2:00 Balloon Volleyball 2:30 Matching Dominoes 3:00 Snack and Chat 3:30 Word Games</p>	<p><b>30</b></p> <p>9:00 Morning Activities 12:00 Music &amp; Meditation 12:15 Afternoon Exercise 1:00 Brainstorm Board 1:30 Tabletop Bowling 2:00 <b>Snack and Chat</b> 2:30 <b>Exercise with Caitlin</b> 3:00 Snack and Chat</p>	<p><b>Morning Activities</b></p> <p>10:00 Morning Video 9:15 Daily Devotional 9:30 Daily Chronicle 9:45 Active Brain Trivia 10:00 Snack and Chat 10:30 Morning Exercise 11:00 Lunch</p>	<p><b>Afternoon Activities</b></p> <p>4:30 Dinner 5:00 Meditation/Relaxation 5:30 Games 6:00 Evening Stretching 6:30 Calming Story 7:00 Snack and Chat 7:30 Relaxation Video</p>	<p><b>KSV Activity Director</b> Heather Allen</p> <p><b>KSV Activity Staff</b> Anna Foster Barbara Lewis</p>	<p><b>November Birthdays</b></p> <p>Jane Leiby 11-7-25 Jean Judd 11-11-31</p>	



**THANK YOU!**

