

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Time to fall back an hour! 1**  
**Change your clocks today!**  
 10:00 Live Church Service (AR)  
 1:00 A-Capella Hymn Sing (AR)  
 2:00 Tri-Ominoes (AR)  
 3:00 Checkers in the Cafe

10:00 Morning Exercise (AR)  
**10:30 Think More (C)**  
 1:00 Bridge Group (L2)  
 1:00 Bingo! (AR)  
 1:00 Hand & Foot Club (C)  
 2:00 Balance Class w/ John (AR)  
 2:30 Movie Matinee (TH)  
 3:30 Billiards Practice (BR2)  
 3:30 Coffee & Conversation (C)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night! (TH)

**2** 9:15 Table Games & Brain Games (AR)  
 10:00 Morning Exercise (AR)  
 10:30 Good News Only (AR)  
**1:00 Jeopardy! (AR)**  
 1:00 Bridge Group (L2)  
 1:30 Balance Class (AR)  
**2:00 Baking w/ Katie**  
**2:00 Shuffleboard Challenge! (GR3)**  
 2:30 Mindful Meditations (TH)  
 3:30 Social Hour (C)  
 4:00 Gardening Club (AR)

**3** 10:00 Morning Exercise (AR)  
**10:30 Think More (C)**  
 1:00 Bingo (AR)  
 1:00 Hand & Foot Club (C)  
 2:00 Balance Class w/ John (AR)  
**2:00 Calligraphy Class! (C)**  
**3:00 Rick Steve's Travel Log! (TH)**  
 4:00 Chair Tai Chi (AR)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night (TH)

**4** 10:00 Morning Exercise (AR)  
 10:30 Playing with Words (C)  
 1:00 Bridge Group (L2)  
**1:00 Rock Mosaics! (AR)**  
 1:30 Balance Class (AR)  
 2:00 Crochet & Knitting Club (AR)  
**2:00 Baking w/ Katie (C)**  
 2:30 Creative Stations (AR)  
 3:30 Social Hour (C)  
 4:00 Gardening Club (AR)

**5** 10:00 Morning Exercise (AR)  
 10:30 Book Club (C)  
**1:15 Scenic Drive (L)**  
**1:45 Scenic Drive (L)**  
 2:00 Balance Class w/ John (AR)  
**2:30 Think More (C)**  
**3:00 Karaoke Hour! (AR)**  
 4:00 Gentle Chair Yoga (AR)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night! (TH)

**6** 9:00 Wii Games (AR)  
 10:00 Morning Exercise (AR)  
 10:30 Table Games (AR)  
 1:00 Open Table Bridge Group (L2)  
 1:00 Bingo (AR)  
 2:30 Flower Arranging Class (AR)  
 3:30 Manicures (AR)  
 4:00 Coffee & Chat (C)  
 5:30 Movie Time! (TH)

Daylight Saving Time Ends

10:00 Live Church Service (AR)  
 1:00 A-Capella Hymn Sing (AR)  
 2:00 Tri-Ominoes (AR)  
 3:00 Checkers in the Cafe

**8** 10:00 Morning Exercise (AR)  
**10:30 Think More (C)**  
 1:00 Bridge Group (L2)  
 1:00 Bingo! (AR)  
 1:00 Hand & Foot Club (C)  
 2:00 Balance Class w/ John (AR)  
 2:30 Movie Matinee (TH)  
 3:30 Billiards Practice (BR2)  
 3:30 Coffee & Conversation (C)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night! (TH)

**9** 9:15 Table Games & Brain Games (AR)  
 10:00 Morning Exercise (AR)  
 10:30 Good News Only (AR)  
**1:00 Jeopardy! (AR)**  
 1:00 Bridge Group (L2)  
 1:30 Balance Class (AR)  
**2:00 Baking w/ Katie (C)**  
 2:30 Mindful Meditations (TH)  
 3:30 Social Hour (C)  
 4:00 Gardening Club (AR)

**10** 9:00 Hearing Services (C)  
 10:00 Morning Exercise (AR)  
**10:30 Think More (C)**  
 1:00 Bingo (AR)  
 1:00 Hand & Foot Club (C)  
**2:00 Resident Council Meeting (AR)**  
**3:00 Rick Steve's Travel Log! (TH)**  
**3:00 Veteran's Day Ceremony! (C)**  
 4:00 Chair Tai Chi (AR)  
 5:30 Movie Night (TH)

Veterans Day  
 Remembrance Day (Canada)

**11** 10:00 Morning Exercise (AR)  
 10:30 Playing with Words (C)  
 1:00 Bridge Group (L2)  
 1:00 Trivia Hour! (C)  
 1:30 Balance Class (AR)  
 2:00 Crochet & Knitting Club (AR)  
**2:00 Baking w/ Katie**  
 2:30 Creative Stations (AR)  
 3:30 Social Hour (C)  
 4:00 Gardening Club (AR)

**12** 10:00 Morning Exercise (AR)  
 10:30 Book Club (C)  
**1:00 Karaoke Hour! (AR)**  
 1:30 Crossword (C)  
**2:00 BRIAN HANSON MUSIC! (AR)**  
**3:00 Balance Class w/ John in the Physical Therapy Room!**  
 4:00 Gentle Chair Yoga (AR)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night! (TH)

**13** 9:00 Wii Games (AR)  
 10:00 Morning Exercise (AR)  
 10:30 Table Games (AR)  
 1:00 Open Table Bridge Group (L2)  
 1:00 Bingo (AR)  
 2:30 Flower Arranging Class (AR)  
 3:30 Manicures (AR)  
 4:00 Coffee & Chat (C)  
 5:30 Movie Time! (TH)

10:00 Live Church Service (AR)  
 1:00 A-Capella Hymn Sing (AR)  
 2:00 Tri-Ominoes (AR)  
 3:00 Checkers in the Cafe

**15** 10:00 Morning Exercise (AR)  
**10:30 Think More (C)**  
 1:00 Bridge Group (L2)  
 1:00 Bingo! (AR)  
 1:00 Hand & Foot Club (C)  
 2:00 Balance Class w/ John (AR)  
 3:00 Movie Matinee (TH)  
 3:30 Billiards Practice (BR2)  
 3:30 Coffee & Conversation (C)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night! (TH)

**16** 9:15 Table Games & Brain Games (AR)  
 10:00 Morning Exercise (AR)  
 10:30 Good News Only (AR)  
**1:00 Jeopardy! (AR)**  
 1:00 Bridge Group (L2)  
 1:30 Balance Class (AR)  
**2:00 Baking with Katie! (C)**  
 2:30 Mindful Meditations (TH)  
 3:30 Social Hour (C)  
 4:00 Gardening Club (AR)

**17** 9:30 Donuts w/ Director (Chris)  
 10:00 Morning Exercise (AR)  
**10:30 Think More (C)**  
 1:00 Bingo (AR)  
 1:00 Hand & Foot Club (C)  
 2:00 Balance Class w/ John (AR)  
**2:00 Calligraphy Class! (C)**  
**3:00 Rick Steve's Travel Log! (TH)**  
 4:00 Chair Tai Chi (AR)  
 5:30 Movie Night (TH)

**18** 10:00 Morning Exercise (AR)  
 10:30 Playing with Words (C)  
 1:00 Bridge Group (L2)  
 1:00 Trivia Hour! (C)  
 1:30 Balance Class (AR)  
**2:00 Baking w/ Katie**  
 2:00 Crochet & Knitting Club (AR)  
**2:00 Shuffleboard! (GR3)**  
 2:30 Creative Stations (AR)  
 3:30 Social Hour (C)  
 4:00 Gardening Club (AR)

**19** 10:00 Morning Exercise (AR)  
 10:30 Book Club (C)  
 1:00 Crossword (C)  
**1:15 Scenic Drive (L)**  
**1:45 Scenic Drive (L)**  
 2:00 Balance Class w/ John (AR)  
**3:00 Karaoke Hour! (AR)**  
 4:00 Gentle Chair Yoga (AR)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night! (TH)

**20** 9:00 Wii Games (AR)  
 10:00 Morning Exercise (AR)  
 10:30 Table Games (AR)  
 1:00 Open Table Bridge Group (L2)  
 1:00 Bingo (AR)  
 2:30 Flower Arranging Class (AR)  
 3:30 Manicures (AR)  
 4:00 Coffee & Chat (C)  
 5:30 Movie Time! (TH)

10:00 Live Church Service (AR)  
 1:00 A-Capella Hymn Sing (AR)  
 2:00 Tri-Ominoes (AR)  
 3:00 Checkers in the Cafe

**22** 10:00 Morning Exercise (AR)  
**10:30 Think More (C)**  
 1:00 Bridge Group (L2)  
 1:00 Bingo! (AR)  
 1:00 Hand & Foot Club (C)  
 2:00 Balance Class w/ John (AR)  
 3:00 Movie Matinee (TH)  
 3:30 Billiards Practice (BR2)  
 3:30 Coffee & Conversation (C)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night! (TH)

**23** 9:15 Table Games & Brain Games (AR)  
 10:00 Morning Exercise (AR)  
 10:30 Good News Only (AR)  
**1:00 Jeopardy! (AR)**  
 1:00 Bridge Group (L2)  
 1:30 Balance Class (AR)  
**2:00 November Birthday Party (All residents are welcome!) (C)**  
 2:30 Mindful Meditations (TH)  
 3:30 Social Hour (C)  
 4:00 Gardening Club (AR)

**24** 10:00 Morning Exercise (AR)  
**10:30 Think More (C)**  
 1:00 Bingo (AR)  
 1:00 Hand & Foot Club (C)  
 2:00 Balance Class w/ John (AR)  
**2:00 Calligraphy Class! (C)**  
**3:00 Rick Steve's Travel Log! (TH)**  
 4:00 Chair Tai Chi (AR)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night (TH)

**25** 11:30 Thanksgiving Lunch




Thanksgiving Day (US)

**26** 10:00 Morning Exercise (AR)  
 10:30 Book Club (C)  
**1:00 Karaoke Hour! (AR)**  
**1:15 Scenic Drive (L)**  
**1:45 Scenic Drive (L)**  
 2:00 Balance Class w/ John (AR)  
 2:30 Thanksgiving Trivia! (C)  
**3:30 Bingo Bucks Shopping! (AR)**  
 4:00 Gardening Club (AR)  
 5:30 Movie Night! (TH)

**27** 9:00 Wii Games (AR)  
 10:00 Morning Exercise (AR)  
 10:30 Table Games (AR)  
 1:00 Open Table Bridge Group (L2)  
 1:00 Bingo (AR)  
 2:30 Flower Arranging Class (AR)  
 3:30 Manicures (AR)  
 4:00 Coffee & Chat (C)  
 5:30 Movie Time! (TH)

**29**



See D A I L I E S for activities

**30** 10:00 Morning Exercise (AR)  
**10:30 Think More (C)**  
 1:00 Bridge Group (L2)  
 1:00 Bingo! (AR)  
 1:00 Hand & Foot Club (C)  
 2:00 Balance Class w/ John (AR)  
 3:00 Movie Matinee (TH)  
 3:30 Billiards Practice (BR2)  
 3:30 Coffee & Conversation (C)  
 4:00 Gardening Club (AR)  
 5:30 Movie Night! (TH)



**November 2020**  
**The Hearth at Franklin**  
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 Franklin, TN 37064 \* [www.thehearth.net](http://www.thehearth.net)

