

Live More



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2020						PROGRAM LOCATION
				Director of Activities Linda Capaubo Activities Assistants Catherine, Dana, Emily, Janet, Queen, Shenell, Teryn and Tina Van Drivers Robert Hohman Leticia Rodriguez	GR - Game Room DR - Dining Room Ing - Lower Level SC - Spiritual Center (Flr. 3) 2nd Floor - Exercise Area SCK - Stony Creek Kitchen L - Lobby Pub - First Floor Parlor - First Floor (Next to Game Room)	
The Hearth at Gardenside Senior Living						



<p>1</p> <p> JIGSAW PUZZLES IN THE PUB! WORD PUZZLES IN THE COFFEE ROOM!</p> <p>9:30 Transportation to St. John Bosco Church 10:00 Televised Mass (Channel 11) - GR 12:30 Sunday Matinee - GR 1:00 Scenic Ride with Leticia 3:00 Bingo - GR 6:00 After Dinner Movie - GR</p>	<p>2 SHOPPING DAY </p> <p>BOONE VISIT (DOG THERAPY)</p> <p>9:30 Trip to Dollar Tree, Big Y & CVS 10:00 Name that Name! Game - (Fun Facts About Names Day) - GR 11:00 THINK MORE Group - GR 12:45 Audio Book Club - SC 1:00 Trip to Walmart & Branford Center 2:30 Bingo - GR / 3:30 Mahjong - GR 3:30 Mingle Monday Social - Lobby/GR 6:00 The Sound of Music Movie - (Premiered in New York City in 1965) - GR</p>	<p>3 TAI CHI PROGRAM</p> <p>10:00 How many Phrases about Numbers can you think of? - (3rd Day of the 3rd Month) - GR 10:45 Tai Chi with Suzanne - GR 12:45 You, Me & Wii (Bowling) - GR 1:30 Poker Players - Pub 1:30 Men's Muscle Up - 2nd Floor 2:00 Entertainer Jenna Lynn - DR 3:30 Balloon Volleyball - GR 4:15 Old Wives' Tales - Lobby 6:00 After Dinner Movie - GR</p>	<p>4 KOHLS DEPARTMENT STORE</p> <p>9:45 Scenic Van Ride with Bob 10:00 Music 'n Motion - GR 10:45 Small Words in the Big Word - GR 12:45 Walk & Talk - Meet in the Lobby 1:30 Ladies Limber Up - 2nd Floor 2:00 Fresh Flower Arranging - Parlor 3:00 Rummy 500 - Parlor 3:00 Canasta / Kings in the Corner - GR 3:30 Wine Wednesday - Lobby/GR 4:00 Left Center Right Game - GR 6:00 After Dinner Movie - GR</p>	<p>5 TUXIS POND VOLLEYBALL COMPETITION </p> <p>10:00 Working on Balance - GR 10:30 Will Wheel of Fortune - GR 11:00 THINK MORE Group - GR 12:45 You, Me & Wii (Bowling) - GR 1:00 Book Club - SC / Bridge - Pub 1:30 Men's Muscle Up - 2nd Floor 2:30 Pinochle - Card Table (2nd Floor) 2:45 The Irish Tenors Video - GR 4:00 Friendship Circle and SAINT Categories - Lobby / 6:00 Movie - GR</p>	<p>6 SHUBERT THEATER (CATS)</p> <p>9:30 Confession with Father Bob or Father Francis 10:00 Mass and Communion with Sheila from St. John Bosco Church - GR 10:45 Pokeno with Prizes - GR 1:00 High Stakes Bingo - GR 1:30 Ladies Limber Up - 2nd Floor 2:30 Social Hour - GR 3:45 Kings in the Corner - GR 6:00 After Dinner Movie - GR</p> <p style="text-align: right; font-size: 10px; border: 1px solid black; padding: 2px;">CATS</p>	<p>7 JIGSAW PUZZLES IN THE PUB! WORD PUZZLES IN THE COFFEE ROOM!</p> <p>9:30 Morning Chit Chat - GR 10:00 Heart Healthy Exercise and Strengthening with Hand Weights & Bands - GR 10:45 Unscramble the Letters - (Farming Theme) - GR 12:45 You, Me & Wii (Bowling) - GR 3:00 Bingo - GR 6:00 After Dinner Movie - GR</p>
<p>8</p> <p> JIGSAW PUZZLES IN THE PUB! WORD PUZZLES IN THE COFFEE ROOM!</p> <p>DAYLIGHT SAVING TIME BEGINS INTERNATIONAL WOMEN'S DAY AND WORKING WOMEN'S DAY</p> <p>9:30 Transportation to St. John Bosco Church 10:00 Televised Mass (Channel 11) - GR 12:30 Sunday Matinee - GR 1:00 Scenic Ride with Leticia 3:00 Bingo - GR 6:00 After Dinner Movie - GR</p>	<p>9 SHOPPING DAY </p> <p>PURIM BEGINS AT SUNDOWN</p> <p>9:30 Trip to Dollar Tree, Big Y & CVS 10:00 Timeless Trivia (DVD) - GR 11:00 THINK MORE Group - GR 12:45 Audio Book Club - SC 1:00 Trip to Walmart & Branford Center 2:30 Bingo - GR 3:30 Mingle Monday Social - Lobby/GR 3:30 Mahjong - GR 4:15 Word Puzzles on the White Board - L 6:00 After Dinner Movie - GR</p>	<p>10 TAI CHI PROGRAM</p> <p>10:00 Linkee - GR 10:45 Tai Chi with Suzanne - GR 12:45 You, Me & Wii (Bowling) - GR 1:30 Poker Players - Pub 1:30 Men's Muscle Up - 2nd Floor 2:00 Entertainer Bob Giannotti - DR 3:30 Balloon Volleyball - GR 4:15 All About Purim and Purim Puzzles - Lobby 6:00 After Dinner Movie - GR</p>	<p>11 WELCOME COMMITTEE MEETING</p> <p>9:45 Scenic Van Ride with Bob 10:00 Sit & Be Fit - GR 10:45 Password - GR 12:45 Walk & Talk - Meet in the Lobby 1:30 Ladies Limber Up - 2nd Floor 2:00 Fresh Flower Arranging - Parlor 2:00 Welcome Committee Meeting - SC 3:00 Rummy 500 - Parlor 3:00 Canasta - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday - Lobby/GR 4:00 Left Center Right Game - GR 6:00 After Dinner Movie - GR</p>	<p>12 CHERI'S BAKERY </p> <p>MULKERIN SCHOOL OF IRISH DANCE</p> <p>10:00 Music, Memories 'n Motion - GR 10:45 Maine Travelogue - GR 12:45 You, Me & Wii (Bowling) - GR 1:00 Book Club - SC / Bridge - Pub 1:30 Men's Muscle Up - 2nd Floor 2:30 Pinochle - Card Table (2nd Floor) 3:00 Mulkerin School of Irish Dance Students Perform - DR 4:00 Friendship Circle and Mind Joggers - Lobby 6:00 After Dinner Movie - GR</p>	<p>13</p> <p>9:30 Confession with Father Bob or Father Francis 10:00 Mass and Communion with Sheila from St. John Bosco Church - GR 10:45 Playing Cards Bingo with Prizes - GR 1:00 High Stakes Bingo - GR 1:30 Ladies Limber Up - 2nd Floor 2:30 Social Hour - GR 4:00 Rendeavor Virtual Reality Session - GR 6:00 After Dinner Movie - GR</p>	<p>14 JIGSAW PUZZLES IN THE PUB! WORD PUZZLES IN THE COFFEE ROOM!</p> <p>9:30 Morning Chit Chat - GR 10:00 Heart Healthy Exercise with Hand Weights & Bands - GR 10:45 Twenty Questions - (International Ask a Question Day) - GR 12:45 You, Me & Wii (Bowling) - GR 3:00 Bingo with Potato Chips - (Potato Chip Day) - GR 6:00 After Dinner Movie - GR</p>
<p>15</p> <p> JIGSAW PUZZLES IN THE PUB! WORD PUZZLES IN THE COFFEE ROOM!</p> <p>9:30 Transportation to St. John Bosco Church 10:00 Televised Mass (Channel 11) - GR 12:30 Sunday Matinee - GR 1:00 Scenic Ride with Leticia 3:00 Bingo - GR 6:00 After Dinner Movie - GR</p>	<p>16 SHOPPING DAY </p> <p>BRAIN AWARENESS WEEK</p> <p>9:30 Trip to Dollar Tree, Big Y & CVS 10:00 Music 'n Motion - GR 11:00 THINK MORE Group - GR 12:45 Audio Book Club - SC 1:00 Trip to Walmart & Branford Center 2:30 Bingo - GR 3:30 Mingle Monday Social - Lobby/GR 3:30 Mahjong - GR 4:15 Choices - Lobby 6:00 After Dinner Movie - GR</p>	<p>17 ST. PATRICK'S DAY </p> <p>TAI CHI PROGRAM MARCH MADNESS TOURNAMENT BEGINS</p> <p>10:00 It's Not Easy Being GREEN - GR 10:45 Tai Chi with Suzanne - GR 12:45 You, Me & Wii (Bowling) - GR 1:30 Poker Players - Pub 1:30 Men's Muscle Up - 2nd Floor 2:00 St. Patrick's Day Party with Entertainer Jack Bussmann - DR 3:30 Balloon Volleyball - GR 4:15 About St. Patrick's Day - Lobby 6:00 After Dinner Movie - GR</p>	<p>18 ACTIVITY PLANNING MEETING</p> <p>9:45 Scenic Van Ride with Bob 10:00 Whoga Exercise - GR 10:45 Kwizniac - GR 11:00 Activity Planning Meeting - GR 12:45 Walk & Talk - Meet in the Lobby 1:30 Ladies Limber Up - 2nd Floor 2:00 Board Members Meeting - SCK 2:00 Fresh Flower Arranging - Parlor 3:00 Rummy 500 - Parlor 3:00 Canasta - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday - Lobby/GR 4:00 Left Center Right Game - GR 6:00 After Dinner Movie - GR</p>	<p>19 DOODY'S RESTAURANT </p> <p>FIRST DAY OF SPRING</p> <p>10:00 Brain Games (Brain Awareness Week) - GR 10:30 Shuffleboard - GR 11:00 THINK MORE Group - GR 12:45 You, Me & Wii (Bowling) - GR 1:00 Book Club - SC / Bridge - Pub 1:30 Men's Muscle Up - 2nd Floor 2:30 Pinochle - Card Table (2nd Floor) 2:45 Small Words in the Big Word - GR 4:00 Friendship Circle and Funny Sayings - Lobby 6:00 Movie - GR</p> <p style="text-align: right; font-size: 8px; border: 1px solid black; padding: 2px;">Out to LUNCH!</p>	<p>20 THE NORTH BRANFORD SENIOR CENTER VISITS</p> <p>9:30 Confession with Father Bob or Father Francis 10:00 Mass and Communion w/Sheila from St. John Bosco Church - GR 10:45 Giant Crossword Puzzle - GR 1:00 High Stakes Bingo with The North Branford Senior Center - in the Lower Level Ing Room 1:30 Ladies Limber Up - 2nd Floor 2:30 Social Hour - GR 3:45 Pokeno with Prizes - GR 6:00 After Dinner Movie - GR</p>	<p>21 JIGSAW PUZZLES IN THE PUB! WORD PUZZLES IN THE COFFEE ROOM!</p> <p>9:30 Morning Chit Chat - GR 10:00 Heart Healthy Exercise and Strengthening with Hand Weights & Bands - GR 10:45 Unscramble the Letters - (Family Tree Theme) - GR 12:45 You, Me & Wii (Bowling) - GR 3:00 Bingo - GR 6:00 After Dinner Movie - GR</p>
<p>22</p> <p> JIGSAW PUZZLES IN THE PUB! WORD PUZZLES IN THE COFFEE ROOM!</p> <p>9:30 Transportation to St. John Bosco Church 10:00 Televised Mass (Channel 11) - GR 12:30 Sunday Matinee - GR 1:00 Scenic Ride with Leticia 3:00 Bingo - GR 6:00 After Dinner Movie - GR</p>	<p>23 SHOPPING DAY </p> <p>FOX PRESENTATION</p> <p>9:30 Trip to Dollar Tree, Big Y & CVS 10:00 FOX Presentation - GR 11:00 THINK MORE Group - GR 12:45 Audio Book Club - SC 1:00 Trip to Walmart & Branford Center 2:30 Bingo - GR 3:30 Mingle Monday Social - Lobby/GR 3:30 Mahjong - GR 4:15 A-Z Trivia - Lobby 6:00 After Dinner Movie - GR</p>	<p>24 TAI CHI PROGRAM</p> <p>ENCOMPASS TALK & BP CLINIC RESIDENT FORUM MEETING</p> <p>10:00 Encompass Presentation - (Senior Nutrition) and BP Clinic - GR 10:45 Tai Chi with Suzanne - GR 12:45 You, Me & Wii (Bowling) - GR 1:30 Poker Players - Pub 1:30 Men's Muscle Up - 2nd Floor 2:00 Entertainer Blaise Tramazzo - DR 3:15 Resident Forum Meeting - DR 4:00 Who Wants to be a Millionaire - L 6:00 After Dinner Movie - GR</p>	<p>25</p> <p>9:45 Scenic Van Ride with Bob 10:00 Sit-Down Dancing - GR 10:45 Timeless Trivia (DVD) - GR 12:45 Walk & Talk - Meet in the Lobby 1:30 Ladies Limber Up - 2nd Floor 2:00 Fresh Flower Arranging - Parlor 3:00 Rummy 500 - Parlor 3:00 Canasta & Kings in the Corner - GR 3:30 Wine Wednesday - Lobby/GR 4:00 Left Center Right Game - GR 6:00 After Dinner Movie - GR</p>	<p>26 NEW BRITAIN MUSEUM OF AMERICAN ART</p> <p>BASEBALL'S OFFICIAL OPENING DAY</p> <p>10:00 Wacky Wordies - GR 10:30 Move More! - GR 11:00 THINK MORE Group - GR 12:45 You, Me & Wii (Bowling) - GR 1:00 Book Club - SC / Bridge - Pub 1:30 Men's Muscle Up - 2nd Floor 2:30 Pinochle - Card Table (2nd Floor) 2:45 Scrabble - GR 4:00 Friendship Circle & Linkee - L 6:00 After Dinner Movie - GR</p>	<p>27</p> <p>9:30 Confession with Father Bob or Father Francis 10:00 Mass and Communion with Sheila from St. John Bosco Church - GR 10:45 Vermont Travelogue - GR 1:00 High Stakes Bingo - GR 1:30 Ladies Limber Up - 2nd Floor 2:30 Social Hour - GR 4:00 Rendeavor Virtual Reality Session - GR 6:00 After Dinner Movie - GR</p>	<p>28 JIGSAW PUZZLES IN THE PUB! WORD PUZZLES IN THE COFFEE ROOM!</p> <p>9:30 Morning Chit Chat - GR 10:00 Heart Healthy Exercise and Strengthening with Hand Weights & Bands - GR 10:45 Small Words in the Big Word - GR 12:45 You, Me & Wii (Bowling) - GR 3:00 Bingo - GR 6:00 After Dinner Movie - GR</p>
<p>29</p> <p> JIGSAW PUZZLES IN THE PUB! WORD PUZZLES IN THE COFFEE ROOM!</p> <p>9:30 Transportation to St. John Bosco Church 10:00 Televised Mass (Channel 11) - GR 12:30 Sunday Matinee - GR 1:00 Scenic Ride with Leticia 3:00 Bingo - GR 6:00 After Dinner Movie - GR</p>	<p>30 SHOPPING DAY </p> <p>DOCTORS' DAY</p> <p>9:30 Trip to Dollar Tree, Big Y & CVS 10:00 Sing-along - GR / 10:30 Trivia - GR 11:00 THINK MORE Group - GR 12:45 Audio Book Club - SC 1:00 Trip to Walmart & Branford Center 2:30 Bingo - GR 3:30 Mingle Monday Social - Lobby/GR 3:30 Mahjong - GR 4:15 Jeopardy Trivia (Jeopardy Day!) - L 6:00 After Dinner Movie - GR</p>	<p>31 DINING SERVICES MEETING AND RESIDENT MENU MEETING</p> <p>10:00 Dining Services and Resident Menu Meeting - GR 10:45 Story Starters - GR 12:45 You, Me & Wii (Bowling) - GR 1:30 Poker Players - Pub 1:30 Men's Muscle Up - 2nd Floor 2:00 Riverdance - The Show Video - GR 3:30 Trivia plus More! - Lobby 6:00 Oklahoma Movie (Broadway Debut in 1943) - GR</p>	<p style="text-align: center; font-size: 24px; font-weight: bold; color: red;">SPRING FORWARD!</p> <p style="text-align: center; font-size: 18px; font-weight: bold; color: green;">Daylight Saving Time</p>	<p style="text-align: center; font-size: 24px; font-weight: bold; color: green;">HAPPY ST. PATRICK'S DAY!</p>	<p style="text-align: center; font-size: 24px; font-weight: bold; color: green;">Happy Spring</p>	<p style="text-align: center; font-size: 12px;">A Caregiver Support Group called Comfort Connections meets the last Tuesday of each month at 5:00 p.m. in the ING Room.</p> <p style="text-align: center; font-size: 10px;">This group is free of charge and is open to the family members and friends of the Gardenside residents as well as the community.</p>

