

# OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 1:00 Afternoon Stretch 1:30 Trivia 2:30 Sing a Long 3:00 Armchair Travel 3:30 Pampered Hands 6:00 Evening Stroll 6:30 Scarf Dancing	2 1:00 Afternoon Stretch 1:30 Color Therapy 3:00 Music Therapy 3:30 Think More 6:00 Riddles 6:30 Crosswords	3 1:00 Afternoon Stretch 1:30 Bingo 2:30 Glamour Nails 3:00 Table Games 3:30 Current Events 6:00 Evening Stroll
4 10:45 Church Stream 1:00 Afternoon Stretch 1:30 Hymn Sing a long 2:30 Craft Corner 3:00 Coffee Talk 3:30 Mad Libs 6:00 Sunday Movie	5 1:00 Afternoon Stretch 1:30 Right, Left, Center 2:30 Think More 3:00 Glamour Nails 3:30 Ball Toss 6:00 Table Games 6:30 Evening Stroll	6 1:00 Afternoon Stretch 1:30 Reminiscence 2:30 Bowling 3:00 Trivia 3:30 Pampered Hands 6:00 Card Bingo 6:30 Bowling	7 1:00 Afternoon Stretch 1:30 Name 10 2:30 Music Therapy 3:00 Ball Toss 3:30 Thankful Tree 6:00 Bingo 6:30 Hang Man	8 1:00 Afternoon Stretch 1:30 Trivia 2:30 Sing a Long 3:00 Armchair Travel 3:30 Pampered Hands 6:00 Evening Stroll 6:30 Scarf Dancing	9 1:00 Afternoon Stretch 1:30 Color Therapy 3:00 Music Therapy 3:30 Think More 6:00 Riddles 6:30 Crosswords	10 1:00 Afternoon Stretch 1:30 Bingo 2:30 Glamour Nails 3:00 Table Games 3:30 Current Events 6:00 Evening Stroll
11 <b>10:45 Church w Pastor Tim</b> 1:00 Afternoon Stretch 1:30 Hymn Sing a long 2:30 Craft Corner 3:00 Coffee Talk 3:30 Mad Libs 6:00 Sunday Movie	12 1:00 Afternoon Stretch 1:30 Right, Left, Center 2:30 Think More 3:00 Glamour Nails 3:30 Ball Toss 6:00 Table Games 6:30 Evening Stroll	13 1:00 Afternoon Stretch 1:30 Reminiscence 2:30 Bowling 3:00 Trivia 3:30 Pampered Hands 6:00 Card Bingo 6:30 Bowling	14 1:00 Afternoon Stretch 1:30 Name 10 2:30 Music Therapy 3:00 Ball Toss 3:30 Thankful Tree 6:00 Ribbon Dancing 6:30 Hang Man	15 1:00 Afternoon Stretch 1:30 Trivia 2:30 Sing a Long 3:00 Armchair Travel 3:30 Pampered Hands 6:00 Evening Stroll 6:30 Scarf Dancing	16 1:00 Afternoon Stretch 1:30 Color Therapy 3:00 Music Therapy 3:30 Think More 6:00 Evening Stroll 6:30 Crosswords  <b>Scenic Drive</b>	17 1:00 Afternoon Stretch 1:30 Bingo 2:00 Glamour Nails 2:30 Table Games 3:00 Color Therapy 3:30 Current Events 6:00 Riddles
18 <b>10:45 Church Stream</b> 1:00 Afternoon Stretch 1:30 Hymn Sing a long 2:30 Word Find 3:00 Walking Club 3:30 Music Therapy 6:00 Sunday Movie	19 1:00 Afternoon Stretch 1:30 Right, Left, Center 2:30 Think More 3:00 Glamour Nails 3:30 Ball Toss 6:00 Table Games 6:30 Evening Stroll	20 1:00 Afternoon Stretch 1:30 Reminiscence 2:30 Bowling 3:00 Trivia 3:30 Pampered Hands 6:00 Connect Four 6:30 Ball Toss	21 1:00 Afternoon Stretch 1:30 Name 10 2:30 Music Therapy 3:00 Ball Toss 3:30 Thankful Tree 6:00 Ribbon Dancing 6:30 Hang Man	22 1:00 Afternoon Stretch 1:30 Trivia 2:30 Sing a Long 3:00 Armchair Travel 3:30 Pampered Hands 6:00 Evening Stroll 6:30 Scarf Dancing	23 1:00 Afternoon Stretch 1:30 Color Therapy 3:00 Music Therapy 3:30 Think More 6:00 Riddles 6:30 Crosswords	24 1:00 Afternoon Stretch 1:30 Bingo 2:00 Glamour Nails 3:00 Table Games 3:30 Current Events 6:00 Tea Party
25 <b>10:45 Church w Pastor Tim</b> 1:00 Afternoon Stretch 1:30 Hymn Sing a long 2:30 Craft Corner 3:00 Coffee Talk 3:30 Mad Libs 6:00 Sunday Movie	26 10:00 Afternoon Stretch 1:30 Right, Left, Center 2:30 Think More 3:00 Glamour Nails 3:30 Ball Toss 6:00 Table Games 6:30 Evening Stroll	27 1:00 Afternoon Stretch 1:30 Reminiscence 2:30 Bowling 3:00 Trivia 3:30 Pampered Hands 6:00 Card Bingo 6:30 Bowling	28 1:00 Afternoon Stretch 1:30 Name 10 2:30 Music Therapy 3:00 Ball Toss 3:30 Thankful Tree 6:00 Ribbon Dancing 6:30 Hang Man	29 1:00 Afternoon Stretch 2:30 Sing a Long 3:00 Armchair Travel 3:30 Pampered Hands 6:00 Evening Stroll 6:30 Scarf Dancing	30 1:00 Afternoon Stretch 1:30 Color Therapy 3:00 Music Therapy 3:30 Think More 6:00 Riddles 6:30 Crosswords	31 1:00 Afternoon Stretch 1:30 Bingo 2:00 Glamour Nails 3:00 Table Games 3:30 Current Events 6:00 Tea Party



**Morning Daily Activities:**

- 9:30am: Move More Club
- 10:00am: Snack and Newspaper
- 10:30am: Worship + Devotion
- 11:00am: Freshen Up
- 11:30am: Lunch

**Afternoon & Evening Daily Activities:**

- 12:30pm: Cranium Crunches
- 2:00pm: Snack and Chat
- 4:00pm: Freshen Up
- 4:30pm: Dinner
- 5:30pm: Music and Memory
- 7:00pm: Evening Snack and Chat

**October Birthdays:**

- 10/21 Mary Jane Singer
- 10/28 Linda Danner

Scenic Drive  
10/16

Halloween Party  
10/30



The Hearth at Tudor Gardens  
11755 N. Michigan  
Zionsville, Indiana 46077  
317-873-6300

Activity Director: Sharon Fowlkes

