

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Sharon Fowlkes- Activity Director
Brionna Everett- Activity Assistant
Judy Harris- Activity Assistant

August 2020

1
 1:00 Afternoon Stretch
 1:30 Bingo
 2:00 Glamour Nails
 2:30 Table Games
 3:00 Color Therapy
 3:30 Current Events
 6:00 Tea Party

2
10:45 Church Stream
 1:00 Afternoon Stretch
 1:30 Hymn Sing a long
 2:30 Word Find
 3:00 Walking Club
 3:30 Music Therapy
 6:00 Sunday Movie

3
 1:00 Afternoon Stretch
 1:30 Right Left, Center
 2:30 Think More
 3:00 Glamour Nails
 3:30 Basketball
 6:00 Table Games
 6:30 Evening Stroll

4
 1:00 Afternoon Stretch
 1:30 Reminiscence
 2:30 Bowling
 3:00 Trivia
 3:30 Pampered Hands
 6:00 Card Bingo
 6:30 Bowling

5
 1:00 Afternoon Stretch
 1:30 Name 10
 2:30 Music Therapy
 3:00 Ball Toss
 3:30 Thankful Tree
 6:00 Bingo
 6:30 Hang Man

6
 1:00 Afternoon Stretch
 1:30 Trivia
 2:30 Sing a Long
 3:00 Armchair Travel
 3:30 Pampered Hands
 6:00 Evening Stroll
 6:30 Scarf Dancing

7
 1:00 Afternoon Stretch
 1:30 Color Therapy
 3:00 Music Therapy
 3:30 Think More
 6:00 Riddles
 6:30 Crosswords

8
 1:00 Afternoon Stretch
 1:30 Bingo
 2:30 Glamour Nails
 3:00 Table Games
 3:30 Current Events
 6:00 Evening Stroll

9
10:45 Church Stream
 1:00 Afternoon Stretch
 1:30 Hymn Sing a long
 2:30 Craft Corner
 3:00 Coffee Talk
 3:30 Mad Libs
 6:00 Sunday Movie

10
 1:00 Afternoon Stretch
 1:30 Right, Left, Center
 2:30 Think More
 3:00 Glamour Nails
 3:30 Ball Toss
 6:00 Table Games
 6:30 Evening Stroll

11
 1:00 Afternoon Stretch
 1:30 Reminiscence
 2:30 Bowling
 3:00 Trivia
 3:30 Pampered Hands
 6:00 Card Bingo
 6:30 Bowling

12
 1:00 Afternoon Stretch
 1:30 Name 10
 2:30 Music Therapy
 3:00 Ball Toss
 3:30 Thankful Tree
 6:00 Ribbon Dancing
 6:30 Hang Man

13
 1:00 Afternoon Stretch
 1:30 Trivia
 2:30 Sing a Long
 3:00 Armchair Travel
 3:30 Pampered Hands
 6:00 Evening Stroll
 6:30 Scarf Dancing

14
 1:00 Afternoon Stretch
 1:30 Color Therapy
 3:00 Music Therapy
 3:30 Think More
 6:00 Evening Stroll
 6:30 Crosswords

15
 1:00 Afternoon Stretch
 1:30 Bingo
 2:00 Glamour Nails
 2:30 Table Games
 3:00 Color Therapy
 3:30 Current Events
 6:00 Riddles

16
10:45 Church Stream
 1:00 Afternoon Stretch
 1:30 Hymn Sing a long
 2:30 Word Find
 3:00 Walking Club
 3:30 Music Therapy
 6:00 Sunday Movie

17
 1:00 Afternoon Stretch
 1:30 Right, Left, Center
 2:30 Think More
 3:00 Glamour Nails
 3:30 Ball Toss
 6:00 Table Games
 6:30 Evening Stroll

18
 1:00 Afternoon Stretch
 1:30 Reminiscence
 2:30 Bowling
 3:00 Trivia
 3:30 Pampered Hands
 6:00 Connect Four
 6:30 Ball Toss

19
 1:00 Afternoon Stretch
 1:30 Name 10
 2:30 Music Therapy
 3:00 Ball Toss
 3:30 Thankful Tree
 6:00 Ribbon Dancing
 6:30 Hang Man

20
 1:00 Afternoon Stretch
 1:30 Trivia
 2:30 Sing a Long
 3:00 Armchair Travel
 3:30 Pampered Hands
 6:00 Evening Stroll
 6:30 Scarf Dancing
Under the Sea Day

21
 1:00 Afternoon Stretch
 1:30 Color Therapy
 3:00 Music Therapy
 3:30 Think More
 6:00 Riddles
 6:30 Crosswords

22
 1:00 Afternoon Stretch
 1:30 Bingo
 2:00 Glamour Nails
 3:00 Table Games
 3:30 Current Events
 6:00 Tea Party

23
10:45 Church Stream
 1:00 Afternoon Stretch
 1:30 Hymn Sing a long
 2:30 Craft Corner
 3:00 Coffee Talk
 3:30 Mad Libs
 6:00 Sunday Movie

24
 10:00 Afternoon Stretch
 1:30 Right, Left, Center
 2:30 Think More
 3:00 Glamour Nails
 3:30 Ball Toss
 6:00 Table Games
 6:30 Evening Stroll

25
 1:00 Afternoon Stretch
 1:30 Reminiscence
 2:30 Bowling
 3:00 Trivia
 3:30 Pampered Hands
 6:00 Card Bingo
 6:30 Bowling

26
 1:00 Afternoon Stretch
 1:30 Name 10
 2:30 Music Therapy
 3:00 Ball Toss
 3:30 Thankful Tree
 6:00 Ribbon Dancing
 6:30 Hang Man

27
 1:00 Afternoon Stretch
 2:30 Sing a Long
 3:00 Armchair Travel
 3:30 Pampered Hands
 6:00 Evening Stroll
 6:30 Scarf Dancing

28
 1:00 Afternoon Stretch
 1:30 Color Therapy
 3:00 Music Therapy
 3:30 Think More
 6:00 Riddles
 6:30 Crosswords

29
 1:00 Afternoon Stretch
 1:30 Bingo
 2:00 Glamour Nails
 3:00 Table Games
 3:30 Current Events
 6:00 Tea Party

30
10:45 Church Stream
 1:00 Afternoon Stretch
 1:30 Hymn Sing a long
 2:30 Craft Corner
 3:00 Coffee Talk
 3:30 Mad Libs
 6:00 Sunday Movie

31
 10:00 Afternoon Stretch
 1:30 Right, Left, Center
 2:30 Think More
 3:00 Science Project
 3:30 Ball Toss
 6:00 Table Games
 6:30 Evening Stroll



The Hearth at Tudor Gardens
11755 N. Michigan Rd.
Zionsville, Indiana 46077
317-873-6300



Morning Daily Activities:

- 9:30am: Move More Club
- 10:00am: Snack and Newspaper
- 10:30am: Worship + Devotion
- 11:00am: Freshen Up
- 11:30am: Lunch

Afternoon & Evening Daily Activities:

- 12:30pm: Cranium Crunches
- 2:00pm: Snack and Chat
- 4:00pm: Freshen Up
- 4:30pm: Dinner
- 5:30pm: Music and Memory
- 7:00pm: Evening Snack and Chat

August Birthdays:

- Wayne Pierri 8/26**
- Myrtle Treber 8/31**