



Happy Birthday

Elinor 10/18



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p><b>Keepsake Village Activity Calendar</b> <b>October 2020</b></p> <p>(all programs are subject to change)</p>				<p>9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary : On Full Moons 1:00 Sports: Darts 1:30 Carol Burnette 1:30 Keepsake Trippers 2:00 Individual Programs 2:00 Name 5 or 10 3:00 Afternoon Social Hour 4:00 Cognitive Think More 4:30 Sports: Walking Club 6:00 Music: Sing-Along 6:30 Exercise: Evening Stretching 7:00 Snack &amp; Refreshments 7:30 Cognitive : You be the Judge</p>	<p>9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Rock and Roll Fitness 11:15 Discussion: Suspenseful series 1:00 Sports: Volley Ball 1:00 Travelogue: Sleepy Hallow NY 2:00 Jack Pot Bingo 2:00 Individual Programs 3:00 Afternoon Social Hour 4:00 Cognitive: Think more 4:30 Sports Walking Club 6:00 Music: Name That Tune 6:30 Exercise: Light Stretching 7:00 Snack &amp; Refreshments 7:30 Cognitive: That Right or Wrong</p>	<p>9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On Fluffernutter 1:00 Sports: Basketball 1:30 I Love Lucy 1:30 Keepsake Trippers 2:00 Individual program 2:00 Water Color Painting 3:00 Fluffernutter Social 4:00 Cognitive: Trivia 4:30 Sports: Walking Club 6:00 Music: Sing-Along 6:30 Exercise: Chair Yoga 7:00 Snack &amp; Refreshments 7:30 Cognitive: Person Place Thing</p>	<p>9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Rock and Roll Fitness 11:15 Cognitive: Millionaire Game 1:00 Sports: Ring Toss 1:00 Travelogue: Salem Mass. 2:00 JACK POT BINGO 2:00 Individual Programs 3:00 Afternoon Social Hour 4:00 Cognitive: Think more 4:30 Sports Walking Club 6:00 Music : Name that tune 7:00 Snack &amp; Refreshments 7:30 Cognitive: That's Right that's Wrong</p>	<p>9:00-10:00 Morning Stretching / news 10:00 Catholic Mass on TV 10:30 Exercise: Weight Training 11:00 Music: Sing a long 1:00 Sports: Corn Hole 2:00 Cognitive: Crosswords 2:00 Individual Programs 3:00 Afternoon Social Hour 4:00 Sports: Walking Club 4:30 MUSIC: Name that Sound 6:00 Exercise: Evening Stretching 6:30 Movie Night Over Board 7:00 Snack &amp; Refreshments 7:30 Cognitive: Finishing Lines</p>
<p>4 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Ribbon Dancing 11:15 Documentary: On Ships in a Bottle 1:00 Sports: Basketball 2:00 Movie Matinee: the ghost and Mr. Chicken 2:00 Individual program 3:00 Afternoon Social Hour 4:00 Cognitive: Finishing Lines 4:30 Sports: Walking Club 6:00 Name Five And Ten 6:30 Evening Stretching 7:00 Snack &amp; Refreshments 7:30 Game Shows on TV</p>	<p>5 9:00-10:00 Morning Stretching 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Cognitive : Millionaire Game 1:00 Sports: Table Ball 1:30 Keepsake Trippers 1:30 Everybody Loves Raymond 2:00 Individual Programs 2:00 Arts and Crafts 3:00 Afternoon Social Hour 4:00 Cognitive: Spaghetti Words 4:30 Sports: Walking Club 6:00 Music: Rhythm Stick 6:30 Exercise: Yoga 7:00 Snack &amp; Refreshments 7:30 Reminiscing with Rita</p>	<p>6 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Resistive Bands 11:15 Documentary: German American Day 1:00 Sports: Circle Soccer 2:00 Individual Programs 2:00 Keepsake Spa Day 3:00 Afternoon Pretzel Social 4:00 Cognitive: Think more 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:00 Snack &amp; Refreshments 7:30 Cognitive: Trivia</p>	<p>7 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: TIA CHI 11:15 Cognitive: Hang-man 1:00 Sports: Corn Hole 2:00 Cognitive: Brain Teasers 2:00 Individual program 3:00 Afternoon Social Hour 4:00 Cognitive: Think more 4:30 Sports: Walking Club 6:00 Exercise: Evening Stretching 6:30 Movie Night: Phantom of the Opera 7:00 Snack &amp; Refreshments 7:30 Cognitive :You be the Judge</p>	<p>8 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On I LOVE LUCY 1:00Sports: Bean Bag Toss 1:30 Keepsake Trippers 2:00 I LOVE LUCY 2:00 Individual Programs 3:00 Afternoon Social Hour 4:00 Cognitive: I Love Lucy Trivia 4:30 Sports: Walking Club 6:00 Music: Rhythm Sticks 6:30 Exercise: Chair Yoga 7:00 Snack &amp; Refreshments 7:30 Cognitive: Mad Lib</p>	<p>9 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Rock and Roll Fitness 11:15 Documentary: On Murder She Wrote 1:00 Sports: Volley Ball 1:00 Travelogue: Brazil 2:00 Induival programs 2:00 JACK POT BINGO 3:00 Milkshake Social 4:00 Cognitive: Spaghetti Word 4:30 Sports Walking Club 6:00 Music : Name that tune 6:30 Evening Stretching 7:00 Snack &amp; Refreshments 7:00 Cognitive: Finishing Lines</p>	<p>10 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On Scarecrows 1:00 Sports: Table Ball 2:00 Cognitive: Crosswords 2:00 Individual Programs 3:00 Afternoon Social Hour 4:00 Sports Walking Club 4:30 Music: Name that Sound 6:00 Exercise: Evening Stretching 6:30 Movie night: Signs 7:00 Snack &amp; Refreshments 7:30 You be the Judge</p>		
<p>11 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Chair Zumba 11:15 Documentary: On the History of Pizza 1:00 Sports: Bowling Teams 2:00 Individual Programs 2:00 Cognitive: Hang-man 3:00 Afternoon Pizza Social 4:00 Cognitive: State Trivia 4:30 Sports: Walking Club 6:00 Cognitive: Person, Place or Thing 6:30 Exercise: Light Stretching 7:00 Snack &amp; Refreshments 7:30 Game Shows on TV</p>	<p>12 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Documentary: On Oktoberfest 1:00 Sports: Darts 1:30 The Honeyymooners 1:30 Keepsake Trippers 2:00 Individual Programs 2:00 Music and Water Colors 3:00 Afternoon Social Hour 4:00 Cognitive: Think More 4:30 Sports: Walking Club 6:00 Music: Sing- Along 6:30 Exercise: Chair Yoga 7:00 Snack &amp; Refreshments 7:30 Reminiscing With Rita</p>	<p>13 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Resistive Bands 11:15 Cognitive: Hang-man 1:00 Sports: Horse Shoes 2:00 Keepsake Spa Day 2:00 Individual program 2:00 Travelogue: ITALY 3:00 Afternoon Social hour 4:00 Cognitive: Book Club 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Evening Stretching 7:00 Snack &amp; Refreshments 7:30 Cognitive: Trivia</p>	<p>14 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: TIA CHI 11:15 Documentary On OWLS 1:00 Sports: Circle Soccer 2:00 Cognitive: Picture This 2:00 Individual program 3:00 Afternoon Social Hour 4:00 Cognitive : OWL Trivia 4:30 Sports: Walking Club 6:00 Exercise: chair Yoga 6:30 Movie Night: Moonstruck 7:00 Snack &amp; Refreshments 7:30 Cognitive: Who Am I</p>	<p>15 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On I LOVE LUCY 1:00Sports: Bean Bag Toss 1:30 Keepsake Trippers 2:00 I LOVE LUCY 2:00 Individual Programs 3:00 Afternoon Social Hour 4:00 Cognitive: I Love Lucy Trivia 4:30 Sports: Walking Club 6:00 Music: Rhythm Sticks 6:30 Exercise: Chair Yoga 7:00 Snack &amp; Refreshments 7:30 Cognitive: Mad Lib</p>	<p>16 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Rock and Roll Fitness 11:15 Documentary: On Murder She Wrote 1:00 Sports: Volley Ball 1:00 Travelogue: Brazil 2:00 Induival programs 2:00 JACK POT BINGO 3:00 Milkshake Social 4:00 Cognitive: Spaghetti Word 4:30 Sports Walking Club 6:00 Music : Name that tune 6:30 Evening Stretching 7:00 Snack &amp; Refreshments 7:00 Cognitive: Finishing Lines</p>	<p>17 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On Scarecrows 1:00 Sports: Table Ball 2:00 Cognitive: Crosswords 2:00 Individual Programs 3:00 Afternoon Social Hour 4:00 Sports Walking Club 4:30 Music: Name that Sound 6:00 Exercise: Evening Stretching 6:30 Movie night: Signs 7:00 Snack &amp; Refreshments 7:30 You be the Judge</p>		
<p>18 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Ribbon Dancing 11:15 Documentary "GRAY LADY" DAY 1:00 Sports: Basketball 2:00 Music and Water colors 2:00 Individual program 3:00 Afternoon Social hour 4:00 Cognitive: Famous People Trivia 4:30 Sports: Walking Club 6:00 Cognitive: Name Five and Ten 6:30 Exercises: Stretching 7:00 Snack &amp; Refreshments 7:30 Game Shows on TV</p>	<p>19 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Cognitive: Millionaire Game 1:00 Sports: Bocce Ball 1:30 Superman 1:30 Keepsake Trippers 2:00 Individual Programs 2:00 Arts and crafts 3:00 Afternoon Social Hour 4:00 Cognitive: Spaghetti Words 4:30 Sports: Walking Club 6:00 Music: Rhythm Sticks 6:30 Exercise: Yoga 7:00 Snack &amp; Refreshments 7:30 Reminiscing with Rita</p>	<p>20 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Resistive Bands 11:15 Documentary: On Dracula 1:00 Sports: Volley Ball 2:00 Keepsake Spa Day 2:00 Individual Program 3:00 Afternoon Social Hour 4:00 Cognitive: Think more 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:00 Snack &amp; Refreshments 7:30 Cognitive: Trivia</p>	<p>21 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: TIA CHI 11:15 Documentary: Nightingale Crusade 1:00 Sports: Corn Hole 2:00 Cognitive: Hang-man 2:00 Individual program 3:00 Afternoon Social Hour 4:00 Cognitive: This and that trivia 4:30 Sports: Walking Club 6:00 Exercise Light Stretching 6:30 Movie Night: Brothers Grimm 7:00 Snack &amp; Refreshments 7:30 Cognitive: What Am I</p>	<p>22 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: Three Stooges 1:00 Sports: Bowling Teams 1:30 The Three Stooges 1:30 Keepsake Trippers 2:00 Individual program 2:00 Cognitive: Fun Fall Facts 3:00 Afternoon Social Hour 4:00 Cognitive: Think more 4:30 Sports Walking Club 6:00 Music: Sing-along 7:00 Snack &amp; Refreshments 7:30 Cognitive: Picture this</p>	<p>23 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Rock and Roll Fitness 11:15 Documentary: On Cranberries 1:00 Sports: Table Ball 1:30 Travelogue : Rocky Mountains 2:00 Induival programs 2:00 JACK POT BINGO 3:00 Afternoon Happy Hour 4:00 Cognitive: Spaghetti Word 4:30 Sports Walking Club 6:00 Music : Name that tune 6:30 Evening Stretching 7:00 Snack &amp; Refreshments 7:30 Cognitive: Finish the Line</p>	<p>24 9:00-10:00 Morning Stretching /News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: George Washington Bridge 1:00 Sports: Ring Toss 2:00 Cognitive: Crosswords 2:00 Induival programs 3:00 Afternoon Social Hour 4:00 Sports Walking Club 4:30 Music: Name That Sound 6:00 Exercise: Stretching 6:30 Movie Night: The Village 7:00 Snack &amp; Refreshments 7:30 Cognitive: Fun, Facts</p>		
<p>25 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Chair Zumba 11:15 Cognitive: This or That Trivia 1:00 Sports: Bean Bag Toss 2:00 Movie Matinee: Mrs. Doubtfire 2:00 Individual program 3:00 Afternoon Social Hour 4:00 Cognitive: Who Am I 4:30 Sports: Walking Club 6:00 Cognitive: Finishing Lines 6:30 Evening Stretching 7:00 Snack &amp; Refreshments 7:30 Game Shows on TV</p>	<p>26 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Cognitive: Picture This 1:00 Sports: Bowling 1:30 Dean Martin 1:30 Keepsake Trippers 2:00 Individual Programs 2:00 Ladies: Manicures 3:00 Afternoon Social Hour 4:00 Cognitive: Spaghetti Words 4:30 Sports: Walking Club 6:00 Music: Sing-Along 6:30 Exercise: Yoga 7:00 Snack &amp; Refreshments 7:30 Reminiscing with Rita</p>	<p>27 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Resistive Bands 11:15 Documentary: Microwaves 1:00 Sports: Ring Toss 2:00 Keepsake Spa Day 2:00 Individual Programs 3:00 Afternoon Social Hour 4:00 Cognitive: Think more 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:00 Snack &amp; Refreshments 7:30 Cognitive: Trivia</p>	<p>28 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: TIA CHI 11:15 Documentary: ON The Statue of Liberty 1:00 Sports: Horse Shoes 2:00 Arts and Crafts 2:00 Individual program 3:00 Afternoon Social Hour 4:00 Cognitive: This and that trivia 4:30 Sports: Walking Club 6:00 Exercise: Evening Stretching 6:30 Movie Night: GHOSTBUSTERS 7:00 Snack &amp; Refreshments 7:30 Exercise: Light Stretching</p>	<p>29 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Thera Band 11:15 Halloween Triva 1:00 Sports: Parachute 1:30 Travelogue: Petrified Forests 1:30 Keepsake Trippers 2:00 Andy Griffith Show 2:00 Individual program 3:00 Afternoon Social Hour 4:00 Cognitive: Think more 4:30 Sports Walking Club 6:00 Music: Rhythm Sticks 7:00 Snack &amp; Refreshments 7:30 Cognitive: This Right that's Wrong</p>	<p>30 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Rock and Roll Fitness 11:15 Cognitive: millionaire Game 1:00 Sports: Ring Toss 1:30 Travelogue: Hallows' Eve 2:00 Induival programs 2:00 JACK POT BINGO 3:00 Monthly Birthday Party 4:00 Cognitive: Spaghetti Word 4:30 Sports Walking Club 6:00 Music : Name that tune 6:30 Evening Stretching 7:00 Snack &amp; Refreshments 7:30 Cognitive: Scare Movie Trivia</p>	<p>31 9:00-10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Cognitive: Halloween Trivia 1:00 Sports: Table Ball 2:00 Induival programs 2:00 Cognitive: Crosswords 3:00 Halloween Party 4:00 Sports Walking Club 4:30 Music: Name That Sound 6:00 Exercise: Stretching 6:30 Movie night: HOCUS POCUS 7:00 Snack &amp; Refreshments 7:30 Cognitive: Fun, Facts</p>		

Halloween