

Keepsake Village At Greenpoint



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Upcoming Events & Outings

Outings

3/4 Dunkin Donuts

3/11 Sugar Top Bake Shoppe

3/18 Dunkin Donuts

3/25 Dairy Queen

Entertainment

3/2 Music with John at 1:00pm

3/4 Music with Larry at 1:00PM

3/17 Music with Lori at 1:00PM

3/25 Music with Mike L. at 1:00PM

Special Events

3/25 Birthday Party at 2PM

Religious Services

3/12 Communion Mass 1:15 PM

(Immaculate Heart of Mary)

3/24 Church with Kathy - 10:30AM

Family Council Meeting

Please join us
Tuesday, March, 31st
At 2PM
In the MPR .


meeting



There is something encouraging about turning the calendar over to March. Even the word, "March," sounds warmer, doesn't it? We have all been enduring a long, relentless winter but the days are starting to lengthen and we can only hope that the temperatures begin to rise, helping the snow melt away.

Though we are hopeful, since this is the month that Spring begins, colds and flu still seem to persist. Therefore, in order to keep your loved one and the residents of Keepsake Village as healthy as possible, I would like to remind everyone to please stay home if you are even slightly under the weather. We would be happy to update you, over the phone, on how your loved one is doing.

I also want to take this opportunity to thank each and everyone of you for giving us the opportunity to work with your loved ones. It is with mixed emotions that I tell you I have decided to step away as the Executive Director at Keepsake Village. I am sad to be leaving however excited at the same time to start my next journey. It has been an absolute pleasure getting to know you and your loved ones during my time at Keepsake Village. Also to all the staff, there are not words to describe how lucky I was to work with each of you. Without you we could not have built Keepsake to where it is today.

Executive Director
Matt Lefever



Weekly Reminders:

Beauty Salon Hours:

Monday 9:30-12
Wednesday 9:30-2:00
315.451.4567

Transportation Hours:

Tuesday, Wednesday &
Thursday 8:00a-330p

EVERYONE
IS IRISH on
Saint
PATRICK'S DAY

Please Note:

Keepsake is required to have each resident seen annually by their physician per Dept of Health Regulations. We will do our best to work with you to schedule these appointments. However we may have to schedule and transport if the need arises to acquire the necessary paperwork to remain in compliance per the regulations.

Visiting your Loved One

Our residents still love having visitors. Here are some tips you can use to make your visits successful and positive. First of all plan your visits strategically. Limit your visitors to 1 or 2 people at a time. Too many people can be overwhelming. Talk with your other families members to make sure they're not visiting the same day. Schedule the visits for the time of day when your loved one is usually at their best. Maybe they are not a morning person or they sundown. Visit them in their room or in a quiet spot in the building. It might be to much with all the noise in the building to have a good visit.

Here are some do's and don'ts when you visit.

Do's

1. Follow their lead, don't force conversation topics or activities.
2. Make eye contact/be at their level.
3. Come prepared with an activity, like something to read out loud, a photo album to look at or some of their favorite music to listen to.

Don't

1. Say do you remember? This can cause anger or embarrassment.
 2. Talk down to them. They aren't children.
 3. Talk about them with other people as if they're not there.
- There will be more do's and don'ts in next months newsletter or you can find the information on

[Http://dailycaring .com/](http://dailycaring.com/).



Residents & Staff



Staff Anniversary

Theresa Reed 3years
 Jessica Velasco 2year
 Carmen Houde 8years
 Blue Poe 6years
 Jona Horne 6years
 Bhadri Baral 5 years



Staff Spotlight

Cassandra Robinson
 Cassandra has been with us for almost 5 years! She has recently transitioned to our Wellness Aide. She continues to go above and beyond everyday to make the lives of our residents better. She is a Leader among the staff and can do just about any job in the building. Please thank her next time you see her in the building.

An Old Irish Blessing

May love and laughter light your days
 And warm your hearts and home.
 May good and faithful friends be yours
 wherever you may roam.
 May peace and plenty bless your world.

Welcome to Keepsake!

Marian Norton
 Joe Fischer
 Helen Landry



Resident Spotlight

Gary Thomson

Gary was in the us marines. After the marines he became a lineman, Gary has 3 children and a step daughter. Gary and Agnes were married In 1979 and they love each other very much. They met at the phone company were they both worked. Gary loves spending time with family and their pets. He also enjoys taking part in activities.



HAPPY BIRTHDAY

Ted Chardler 3/1
 Richard Griffen 3/3
 Barbara Stearns 3/11
 Stella Gianni 3/30





Administration
Medical Director
Dr. Sharon Brangman
Executive Director

Director of Nursing

Case Manager

Business Office Manager

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