

September 2020 Senior Living Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Wednesday September 9th 10:30am (Activity Room) "Scams Targeting Seniors" James Owens from Hendersonville Police Dept</p>	<p>Key: Activity Room-(AR) Living Room-(LR) Theater-(T) Country Kitchen-(CK) Lobby-(L) Dining Room-(DR) 2nd Floor Sunroom-(2SR) Billiards Room-(BR) 2nd Floor Puzzle Room-(2SR) Private</p>		<p>Activity Director Rick Applegate</p> <p>Activity Assistants Amy Wilson Ladonna Raye Lois Coile Kathryn Williams Bus Driver Stephanie Musgrave</p>			
<p>6 9:00 Sunday Worship Service 1:00 Sunday at the Movies "Mary Poppins Returns" (Netflix) 2:00 Bingo (AR) (First 12) 3:00 Bingo (AR) (Second seating next 12) 4:00 Independent Games</p>	<p>7 Labor Day 8:45 Strengthen & Get Fit (AR) 9:30 Strengthen & Get Fit (AR) 10:15 Bingo (AR) 1:00 Ray Newman singing (AR) 2:00 Book Club with Lois (2SR) 2:00 Billiards (BR) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK)</p>	<p>8 8:45 Movement and Stretch (AR) 9:30 Movement and Stretch (AR) 10:15 Jeopardy (AR) 1:30 Yarn Yacker's (AR) 2:00 Meditation Session (T) 3:00 Think More-Rick-(2SR) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR)</p>	<p>9 8:45 Strengthen & Get Fit (AR) 9:30 Strengthen & Get Fit- AR 10:30 "Scams Targeting Seniors" (Phone, Computer, Mail) James Owens from The Hendersonville Police Department will give a presentation Music Entertainment 2:00 Bill Sleeter (AR) 3:15 Trivia with Amy (AR)</p>	<p>10 8:45 Movement and Stretch(AR) 9:30 Movement and Stretch (AR) 10:15 Show & Tell (AR) 2:00 Bingo (AR) 2:00 Book Club Lois (3SR) 3:00 Think More-Rick-(2SR) 3:00 Think More-Amy-(AR) 4:00 Happy Hour (CK)</p>	<p>11 911-Remembrance Day 9:15 Get Moving Friday (AR) 10:00 Devotional with Rick (AR) 1:00 Rick Applegate Singing (AR) 1:30 Yarn Yacker's (CK) 2:00 Billiards (3BR) 3:00 Coffee and Conversation-CK</p>	<p>12 9:00 Mix, Mingle, & Manicure (AR) 10:00 Dominoes (AR) 1:00 Saturday at the Movies "Jerry Maguire" (Tom Cruise & Renee Zellweger) 2:00 Trivia (AR) 3:00 Bingo (AR) 4:00 Rummikub (AR)</p>
<p>13 9:00 Sunday Worship Service 1:00 Sunday at the Movies "Christopher Robin" (Netflix) 2:00 Bingo (AR) (First 12) 3:00 Bingo (AR) (Second seating next 12) 4:00 Independent Games</p>	<p>14 National 8:45 Strengthen & Get Fit (AR) 9:30 Strengthen & Get Fit (AR) 10:15 Bingo (AR) 1:00 Ray Newman singing (AR) 2:00 Book Club with Lois (2SR) 3:00 Think More-Lois (2SR) 2:00 Billiards (BR) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK)</p>	<p>15 Assisted 8:45 Movement and Stretch (AR) 9:30 Movement and Stretch (AR) 10:15 Jeopardy (AR) 1:30 Yarn Yacker's (AR) 2:00 Meditation Session (T) 3:00 Think More-Rick-(2SR) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR)</p>	<p>16 Living 8:45 Strengthen & Get Fit (AR) 9:30 Strengthen & Get Fit- AR 10:15 Craft with Amy (AR) Music Entertainment 1:00 Rick Applegate (AR) 3:15 Trivia with Amy (AR)</p>	<p>17 8:45 Movement and Stretch(AR) 9:30 Movement and Stretch (AR) 10:00 Scenic Bus Ride (L) 10:15 Virtual Reality Activity (AR) 1:00 Cooking with Lois (CK) 2:00 Bingo (AR) 2:00 Book Club Lois (3SR) 3:00 Think More-Rick-(2SR) 3:00 Think More-Amy-(AR) 4:00 Happy Hour (CK)</p>	<p>18 Week (U.S. Air Force B-Day) 9:15 Get Moving Friday (AR) 10:00 Devotional with Rick (AR) 1:30 Yarn Yacker's (AR) 2:00 Billiards (3BR) 1:30 Ice Cream Sundae Bar (CK) 3:00 Coffee and Conversation-CK</p>	<p>19 9:00 Mix, Mingle, & Manicure (AR) 10:00 Dominoes (AR) 1:00 Saturday at the Movies "Jersey Boys" (The Frankie & Four Seasons Story) 2:00 Trivia (AR) 3:00 Bingo (AR) 4:00 Rummikub (AR)</p>
<p>20 9:00 Sunday Worship Service 1:00 Sunday at the Movies "Barbara Streisand" The Music, The Memories, The Magic" (Netflix) 2:00 Bingo (AR) (First 12) 3:00 Bingo (AR)</p>	<p>21 8:45 Strengthen & Get Fit (AR) 9:30 Strengthen & Get Fit (AR) 10:15 Craft With Amy (AR) 1:00 Ray Newman singing (AR) 2:00 Bingo (AR) 2:00 Book Club with Lois (2SR) 3:00 Think More-Lois (2SR) 2:00 Billiards (BR) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK)</p>	<p>22 8:45 Movement and Stretch (AR) 9:30 Movement and Stretch (AR) 10:15 Jeopardy (AR) 1:30 Yarn Yacker's (AR) 2:00 Meditation Session (T) 3:00 Think More-Rick-(2SR) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR)</p>	<p>23 8:45 Strengthen & Get Fit (AR) 9:30 Strengthen & Get Fit- AR 10:15 Electronic Device Q&A Example- IPads, Laptop, Cell Phones (AR) Music Entertainment 1:00 Rick Applegate (AR) 3:15 Trivia with Amy (AR)</p>	<p>24 8:45 Movement and Stretch(AR) 9:30 Movement and Stretch (AR) 10:15 Virtual Reality Activity (AR) 2:00 Bingo (AR) 2:00 Book Club Lois (3SR) 3:00 Think More-Rick-(2SR) 3:00 Think More-Amy-(AR) 4:00 Happy Hour (CK)</p>	<p>25 9:15 Get Moving Friday (AR) 10:00 Devotional with Rick (AR) 11:30 Resident Birthday Lunch with Sheri (AR) 1:30 Yarn Yacker's (AR) 2:00 Billiards (3BR) 3:00 Coffee and Conversation-CK</p>	<p>26 9:00 Mix, Mingle, & Manicure (AR) 10:00 Dominoes (AR) 1:00 Saturday at the Movies "The Sound of Music" (Julie Andrews) 2:00 Trivia (AR) 3:00 Bingo (AR) 4:00 Rummikub (AR)</p>
<p>27 9:00 Sunday Worship Service 1:00 Sunday at the Movies "The Firm" (Tom Cruise) 2:00 Bingo (AR) (First 12) 3:00 Bingo (AR) (Second seating next 12) 4:00 Independent Games</p>	<p>28 8:45 Strengthen & Get Fit (AR) 9:30 Strengthen & Get Fit (AR) 10:15 Bingo (AR) 1:00 Ray Newman singing (AR) 1:00 Scenic Bus Ride (L) 2:00 Billiards (BR) 2:00 Book Club with Lois (2SR) 3:00 Think More-Lois (2SR) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK)</p>	<p>29 8:45 Movement and Stretch (AR) 9:30 Movement and Stretch (AR) 10:15 Jeopardy (AR) 1:30 Yarn Yacker's (AR) 2:00 Meditation Session (T) 3:00 Think More-Rick-(2SR) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR)</p>	<p>30 Waffle Wednesday 7:00am Breakfast Buffet in Activity Room (AR) 9:30 Strengthen & Get Fit- (AR) 10:15 Bingo Shop Open (AR) Music Entertainment 2:00 Debbi & Friends (AR) 3:15 September Resident Birthday Party (CK)</p>	<p>Waffle Wednesday September 30th 7:00am (Activity Room)</p> 	<p>Town Hall Meeting Friday September 4th 10:00 AM Activity Room</p>	