



# September 2020



| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|--|--|---|---|---|---|--|
|  | <p><u>Morning Activities</u></p> <p>9:00 Morning Video<br/>9:15 Daily Devotional<br/>9:30 Daily Chronicle<br/>9:45 Active Brain Trivia<br/>10:00 Snack and Chat<br/>10:30 Morning Exercise</p>   |   | <p><u>KSV Activity Director</u><br/>Heather Allen<br/><u>KSV Activity Staff</u><br/>Briasia Maupin<br/>Ebony Goss<br/>Lois Coile<br/>Barbara Lewis<br/>Kaila Johnson</p>  |   | <p><u>Afternoon Activities</u></p> <p>4:30 Dinner<br/>5:00 Meditation/Relaxation<br/>5:30 Games<br/>6:00 Evening Stretching<br/>6:30 Calming Story<br/>7:00 Snack and Chat</p>  |  |
|  |  | <p>1</p> <p>9:00 Morning Activities<br/>9:30 <b>Scenic Bus Ride</b><br/>12:00 Music &amp; Meditation<br/>12:15 Move More<br/>1:00 Bingo<br/>2:00 🎵 Ray Newman Sings 🎵<br/>3:00 Volley Balloon<br/>3:30 Name 5 you like</p>                            | <p>2</p> <p>9:00 Morning Activities<br/>10:15 <b>Skeet's Singing</b><br/>12:00 Music &amp; Meditation<br/>12:15 Afternoon Stretching<br/>1:00 Music and Coloring<br/>2:00 <b>Snack and Chat</b><br/>2:30 Finish the Phrase<br/>3:00 Beachball Conversation<br/>3:30 Think More</p>                  | <p>3</p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Move More<br/>1:00 <b>Ice Cream Social</b><br/>1:30 Alphabetics Trivia<br/>2:00 <b>Snack and Chat</b><br/>2:30 Spa day<br/>3:00 The Lawrence Welk Show<br/>4:00 Active Exercise</p>  | <p>4</p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Scarf Dancing<br/>1:00 Sing Along<br/>2:00 <b>Kitchen Kraft</b><br/>2:30 <b>Exercise with Caitlin</b><br/>3:00 Balloon Volleyball<br/>3:30 <b>Think More</b></p>   | <p>5</p> <p>10:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Saturday Stretching<br/>1:00 Bingo<br/>2:00 Donut Washer Toss<br/>2:30 Memory Streets Trivia<br/>3:00 Donut Washer Toss<br/>3:30 I Love Lucy</p>               |
| <p>6</p> <p>10:00 Morning Activities<br/>10:00 TV Sermon<br/>12:00 Music &amp; Meditation<br/>12:15 Active Exercise<br/>1:00 Picture This Discussion<br/>2:00 <b>Snack and Chat</b><br/>2:30 Card Matching Game<br/>3:00 Balloon Volley</p>                                    | <p>7 <b>LABOR DAY</b></p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Afternoon Exercise<br/>1:00 Brainstorm Board<br/>1:30 Tabletop Bowling<br/>2:00 <b>Snack and Chat</b><br/>2:30 Exercise with Caitlin<br/>3:00 Music and Coloring<br/>3:30 Jokes and Riddles</p>  | <p>8 <b>Happy Birthday Helen</b></p> <p>9:00 Morning Activities<br/>9:30 <b>Scenic Bus Ride</b><br/>12:00 Music &amp; Meditation<br/>12:15 Move More<br/>1:00 Bingo<br/>2:00 🎵 Ray Newman Sings 🎵<br/>3:00 Spin and Putt<br/>3:30 Name 5 you like</p> | <p>9 <b>Happy Birthday Bobbie</b></p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Afternoon Stretching<br/>1:00 Music and Coloring<br/>2:00 <b>Snack and Chat</b><br/>2:00 Beachball Conversation<br/>2:30 Finish the Phrase<br/>3:00 Puzzle Time<br/>3:30 Think More</p> | <p>10 <b>Gunsmoke Day</b></p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Move More<br/>1:00 <b>Ice Cream Social</b><br/>1:30 Alphabetics Trivia<br/>2:00 <b>Snack and chat</b><br/>2:30 Nail Care<br/>3:00 The Betty White Show</p>                    | <p>11 <b>Never Forget Day</b></p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Scarf Dancing<br/>1:00 Sing Along<br/>2:00 <b>Snack and Chat</b><br/>2:30 <b>Exercise with Caitlin</b><br/>3:00 Balloon Volleyball<br/>3:30 Think More</p>  | <p>12</p> <p>10:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Saturday Stretching<br/>1:00 Bingo<br/>2:00 <b>Snack and Chat</b><br/>2:30 Memory Streets Trivia<br/>3:00 Magnetics Darts<br/>3:30 The Lawrence Welk Show</p> |
| <p>13 <b>Happy Birthday Juanita</b></p> <p>10:00 Morning Activities<br/>10:00 TV Sermon<br/>12:00 Music &amp; Meditation<br/>12:15 Active Exercise<br/>1:00 Picture This Discussion<br/>2:00 Balloon Volleyball<br/>2:30 Card Matching Game<br/>3:00 <b>Snack and Chat</b></p> | <p>14 <b>Chocolate Factory Day</b></p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Afternoon Exercise<br/>1:00 Brainstorm Board<br/>1:30 Tabletop Bowling<br/>2:00 <b>Snack and Chat</b><br/>2:30 Exercise with Caitlin<br/>3:00 <b>Snack and Chat</b></p>   | <p>15</p> <p>9:00 Morning Activities<br/>9:30 <b>Scenic Bus Ride</b><br/>12:00 Music &amp; Meditation<br/>12:15 Move More<br/>1:00 Bingo<br/>2:00 🎵 Ray Newman Sings 🎵<br/>3:00 Bowling Time<br/>3:30 Finish the Phrase</p>                           | <p>16 <b>Mexican Independence Day</b></p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Afternoon Stretching<br/>1:00 Music and Coloring<br/>2:00 <b>Snack and Chat</b><br/>2:30 Finish the Phrase<br/>3:00 Spin and Putt</p>   | <p>17 <b>Apple Dumpling Day</b></p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Move More<br/>1:00 <b>Ice Cream Social</b><br/>1:30 Alphabetics Trivia<br/>2:00 <b>Snack and Chat</b><br/>2:30 Nail Care<br/>3:00 Mr. Ed<br/>3:30 Active Exercise</p>  | <p>18 U.S. Air Force B-day</p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Scarf Dancing<br/>1:00 Sing Along<br/>2:00 <b>Snack and Chat</b><br/>2:30 <b>Exercise with Caitlin</b><br/>3:00 Balloon Volley<br/>3:30 Think More</p>        | <p>19</p> <p>10:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Saturday Stretching<br/>1:00 Bingo<br/>2:00 <b>Snack and Chat</b><br/>2:30 Memory Streets Trivia<br/>3:00 Donut Washer Toss<br/>3:30 I Love Lucy</p>          |
| <p>20</p> <p>10:00 Morning Activities<br/>10:00 TV Sermon<br/>12:00 Music &amp; Meditation<br/>12:15 Active Exercise<br/>1:00 Picture This Discussion<br/>2:00 <b>Snack and Chat</b><br/>2:30 Card Matching Game<br/>3:00 <b>Snack and Chat</b></p>                            | <p>21 <b>Alzheimer's Day</b></p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Afternoon Exercise<br/>1:00 Brainstorm Board<br/>1:30 Tabletop Bowling<br/>2:00 <b>Snack and Chat</b><br/>2:30 Exercise with Caitlin<br/>3:00 <b>Snack and Chat</b></p>  | <p>22</p> <p>9:00 Morning Activities<br/>9:30 <b>Scenic Bus Ride</b><br/>12:00 Music &amp; Meditation<br/>12:15 Move More<br/>1:00 Bingo<br/>2:00 🎵 Ray Newman Sings 🎵<br/>3:00 Finish the Phrase</p>   | <p>23</p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Afternoon Stretching<br/>1:00 Music and Coloring<br/>2:00 <b>Snack and Chat</b><br/>2:00 Beachball Conversation<br/>2:30 Finish the Phrase<br/>3:00 Trivia</p>  | <p>24</p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Move More<br/>1:00 <b>Ice Cream Social</b><br/>1:30 Alphabetics Trivia<br/>2:00 <b>Snack and Chat</b><br/>2:30 Nail Care<br/>3:00 Elvis Trivia<br/>3:30 Gospel Song Sing Along</p>  | <p>25</p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Scarf Dancing<br/>1:00 Sing Along<br/>2:00 <b>Snack and chat</b><br/>2:30 <b>Exercise with Caitlin</b><br/>3:00 Balloon Volley<br/>3:30 Think More</p>  | <p>26</p> <p>10:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Saturday Stretching<br/>1:00 Bingo<br/>2:00 <b>Snack and Chat</b><br/>2:30 Memory Streets Trivia<br/>3:00 Magnetic Darts<br/>3:30 The Lawrence Welk Show</p>  |
| <p>27</p> <p>10:00 Morning Activities<br/>10:00 TV Sermon<br/>12:00 Music &amp; Meditation<br/>12:15 Active Exercise<br/>1:00 Picture This Discussion<br/>2:00 <b>Snack and Chat</b><br/>2:30 Card Matching Game<br/>3:00 Balloon Volleyball</p>                               | <p>28</p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Afternoon Exercise<br/>1:00 Brainstorm Board<br/>1:30 Tabletop Bowling<br/>2:00 <b>Snack and Chat</b><br/>3:00 Spin and Putt<br/>3:30</p>  | <p>29</p> <p>9:00 Morning Activities<br/>9:30 <b>Scenic Bus Ride</b><br/>12:00 Music &amp; Meditation<br/>12:15 Move More<br/>1:00 Bingo<br/>2:00 🎵 Ray Newman Sings 🎵<br/>3:00 Spin and Putt<br/>3:30 Name 5</p>                                     | <p>30</p> <p>9:00 Morning Activities<br/>12:00 Music &amp; Meditation<br/>12:15 Afternoon Stretching<br/>1:00 Music and Coloring<br/>2:00 <b>Snack and Chat</b><br/>2:30 Finish the Phrase<br/>3:00 Volley Balloon<br/>3:30 Trivia</p>  |    |    | <p><b>Happy September!</b></p>    |