

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# The Hearth at Franklin

## 1035 Fulton Greer Lane

### Franklin, TN 37064

615-591-3003 www.thehearth.net

<p>10:30 Walking Club (AR) <b>6</b>  1:00 Sing-A-Long A-Capella (AR)  2:00 Bible Study &amp; Communion (AR)  2:00 TriOminoes (C)  3:30 Open Communion with James Harris (AR)  4:00 Checkers in the Cafe</p>	<p>10:00 Morning Exercise (AR) <b>7</b>  <b>10:30 Think More (C)</b>  1:00 Bridge Group (L2)  1:00 Bingo! (AR)  1:00 Hand &amp; Foot Club (C)  2:00 Balance Class w/ John (AR)  2:30 Movie Matinee (TH)  3:30 Billiards Practice (BR2)  3:30 Coffee &amp; Conversation (C)  4:00 Pruning Posse (AR)  5:30 Movie Night! (TH)</p> <p style="text-align: center;">Labor Day</p>	<p>9:00 Men's Donuts <b>8</b>  10:00 Morning Exercise (AR)  10:30 Good News Only (AR)  1:00 Jeopardy (AR)  1:00 Bridge Group (L2)  1:00 Hand &amp; Foot Club (C)  2:00 Balance Class w/ John (AR)  <b>2:00 Making a Banner for Our Heroes! (C)</b>  2:30 Mindful Meditations (AR)  3:30 Social Hour (C)</p>	<p>10:00 Morning Exercise (AR) <b>9</b>  <b>10:30 Think More (AR)</b>  1:00 Bingo (AR)  1:00 Hand &amp; Foot Club (C)  2:00 Movie Matinee (TH)  2:00 Balance Class w/ John (AR)  <b>2:30 Resident Council Meeting (AR)</b>  3:00 Happy Cart Rounds!  3:30 Chair Tai Chi (AR)  5:30 Movie Night (TH)</p>	<p>10:00 Morning Exercise (AR) <b>10</b>  10:30 Playing with Words (AR)  1:00 Bridge Group (L2)  1:00 Puzzle Fun! (AR)  1:30 Balance Class w/ John (AR)  1:30 Cranium Crunches (C)  2:00 Crochet &amp; Knitting Club (AR)  <b>2:00 Baking w/ Katie (C)</b>  2:30 Creative Stations (AR)  3:30 Social Hour (C)  6:00 Couple's Night (AR)</p>	<p>10:00 Morning Exercise (AR) <b>11</b>  10:30 Book Club (C)  1:00 Courtyard Chat (C)  1:30 Crossword (AR)  2:00 Scenic Drive (L)  2:00 Balance Class w/ John (AR)  <b>2:00 MUSIC W/ BRIAN HANSON (L)</b>  <b>3:00 Think More (C)</b>  3:30 Gentle Chair Yoga (AR)  4:00 Pruning Posse (AR)  5:30 Movie Night! (TH)</p>	<p>9:00 Wii Games (AR) <b>12</b>  10:00 Morning Exercise (AR)  10:30 Table Games (AR)  1:00 Open Table Bridge Group (L2)  1:00 Bingo (AR)  2:30 Flower Arranging Class (AR)  3:30 Manicures (AR)  4:00 Coffee &amp; Chat (C)  5:30 Movie Time! (TH)</p>
<p><b>Happy Grandparents Day!</b> <b>13</b>  10:30 Walking Club (AR)  1:00 Sing-A-Long A-Capella (AR)  2:00 Bible Study &amp; Communion (AR)  2:00 TriOminoes (C)  3:30 Open Communion with James Harris (AR)  4:00 Checkers in the Cafe</p> <p style="text-align: center;">Grandparents Day</p>	<p><b>IT'S ASSISTED LIVING WEEK!</b> <b>14</b>  10:00 Morning Exercise (AR)  <b>10:30 Think More (C)</b>  1:00 Bridge Group (L2)  1:00 Bingo! (AR)  1:00 Hand &amp; Foot Club (C)  <b>2:00 MUSIC W/ BILL SLEETER (L)</b>  2:30 Movie Matinee (TH)  <b>3:30 Paint a Rock, Give a Rock! (AR)</b>  4:00 Pruning Posse (AR)  5:30 Movie Night! (TH)</p> <p style="text-align: center;"><b>Giving is Essential!</b></p>	<p>9:00 Men's Donuts <b>15</b>  10:00 Morning Exercise (AR)  1:00 Jeopardy (AR)  1:00 Bridge Group (L2)  1:30 Balance Class w/ John (AR)  <b>2:00 Baking w/ Katie (C)</b>  2:30 Mindful Meditations (AR)  <b>3:30 Fondue Lovin'! (C)</b>  4:00 Pruning Posse (AR)</p> <p style="text-align: center;"><b>Love &amp; Happiness is Essential!</b></p>	<p>10:00 Morning Exercise (AR) <b>16</b>  <b>10:30 Think More (AR)</b>  1:00 Bingo (AR)  1:00 Hand &amp; Foot Club (C)  2:00 Movie Matinee (TH)  2:00 Balance Class w/ John (AR)  <b>2:30 Tattoo &amp; Wine Party! (C)</b>  3:30 Happy Cart Rounds!  3:30 Chair Tai Chi (AR)  5:30 Movie Night (TH)</p> <p style="text-align: center;"><b>Fun is Essential!</b></p>	<p>10:00 Morning Exercise (AR) <b>17</b>  10:30 Playing with Words (AR)  1:00 Bridge Group (L2)  1:00 Puzzle Fun! (AR)  1:30 Balance Class w/ John (AR)  1:30 Cranium Crunches (C)  2:00 Crochet &amp; Knitting Club (AR)  <b>2:00 Letter Deliveries!</b>  2:30 Creative Stations (AR)  3:30 Social Hour (C)  6:00 Couple's Night (AR)</p> <p style="text-align: center;"><b>Family is Essential!</b></p>	<p>10:00 Morning Exercise (AR) <b>18</b>  10:30 Book Club (C)  1:00 Courtyard Chat (C)  1:30 Crossword (AR)  2:00 Scenic Drive (L)  2:00 Balance Class w/ John (AR)  <b>3:00 Golden Heart Award Ceremony! (C)</b>  3:30 Gentle Chair Yoga (AR)  4:00 Pruning Posse (AR)  5:30 Movie Night! (TH)</p> <p style="text-align: center;"><b>YOU ARE ESSENTIAL!</b> Rosh Hashanah Begins</p>	<p>9:00 Wii Games (AR) <b>19</b>  10:00 Morning Exercise (AR)  10:30 Table Games (AR)  1:00 Open Table Bridge Group (L2)  1:00 Bingo (AR)  2:30 Flower Arranging Class (AR)  3:30 Manicures (AR)  4:00 Coffee &amp; Chat (C)  5:30 Movie Time! (TH)</p> <p style="text-align: center;">Oktoberfest Begins</p>
<p>10:30 Walking Club (AR) <b>20</b>  1:00 Sing-A-Long A-Capella (AR)  2:00 Bible Study &amp; Communion (AR)  2:00 TriOminoes (C)  3:30 Open Communion with James Harris (AR)  4:00 Checkers in the Cafe</p>	<p>10:00 Morning Exercise (AR) <b>21</b>  <b>10:30 Think More (C)</b>  1:00 Bridge Group (L2)  1:00 Bingo! (AR)  1:00 Hand &amp; Foot Club (C)  2:00 Balance Class w/ John (AR)  3:00 Movie Matinee (TH)  3:30 Billiards Practice (BR2)  3:30 Coffee &amp; Conversation (C)  4:00 Pruning Posse (AR)  5:30 Movie Night! (TH)</p>	<p>9:00 Men's Donuts <b>22</b>  10:00 Morning Exercise (AR)  10:30 Good News Only (AR)  1:00 Jeopardy (AR)  1:00 Bridge Group (L2)  1:30 Balance Class w/ John (AR)  <b>2:00 OKTOBERFEST! (C)</b>  2:30 Mindful Meditations (AR)  3:30 Social Hour (C)</p> <p style="text-align: center;">Autumn Begins</p>	<p><b>9:30 Donuts w/ Director (Ella)</b> <b>23</b>  10:00 Morning Exercise (AR)  <b>10:30 Think More (AR)</b>  1:00 Bingo (AR)  1:00 Hand &amp; Foot Club (C)  2:00 Movie Matinee (TH)  2:00 Balance Class w/ John (AR)  2:30 Creation Corner w/ Natalie (AR)  3:00 Happy Cart Rounds!  3:30 Chair Tai Chi (AR)  5:30 Movie Night (TH)</p>	<p>10:30 Morning Exercise (AR) <b>24</b>  1:00 Bridge Group (L2)  1:00 Puzzle Fun! (AR)  1:30 Balance Class w/ John (AR)  1:30 Cranium Crunches (C)  2:00 Crochet &amp; Knitting Club (AR)  <b>2:00 Baking w/ Katie (C)</b>  2:30 Creative Stations (AR)  3:30 Social Hour (C)  6:00 Swing Dancing! (AR)</p>	<p>10:00 Morning Exercise (AR) <b>25</b>  10:30 Book Club (C)  1:00 Courtyard Chat (C)  1:30 Crossword (AR)  2:00 Scenic Drive (L)  2:00 Balance Class w/ John (AR)  2:30 Coke Floats &amp; Conversation (C)  <b>3:00 Think More (C)</b>  <b>3:30 Bingo Bucks Shopping! (AR)</b>  4:00 Pruning Posse (AR)  5:30 Movie Night! (TH)</p>	<p>9:00 Wii Games (AR) <b>26</b>  10:00 Morning Exercise (AR)  10:30 Table Games (AR)  1:00 Open Table Bridge Group (L2)  1:00 Bingo (AR)  2:30 Flower Arranging Class (AR)  3:30 Manicures (AR)  4:00 Coffee &amp; Chat (C)  5:30 Movie Time! (TH)</p>
 <p>See <b>DAILY</b> for activities</p> <p style="text-align: center;">Yom Kippur Begins</p>	<p>10:00 Morning Exercise (AR) <b>27</b>  <b>10:30 Think More (C)</b>  1:00 Bridge Group (L2)  1:00 Bingo! (AR)  1:00 Hand &amp; Foot Club (C)  2:00 Balance Class w/ John (AR)  3:00 Movie Matinee (TH)  3:30 Billiards Practice (BR2)  3:30 Coffee &amp; Conversation (C)  4:00 Pruning Posse (AR)  5:30 Movie Night! (TH)</p>	<p>9:00 Men's Donuts <b>28</b>  10:00 Morning Exercise (AR)  10:30 Good News Only (AR)  1:00 Jeopardy (AR)  1:00 Bridge Group (L2)  1:30 Balance Class w/ John (AR)  <b>2:00 September Birthday Party (All residents are welcome!) (C)</b>  2:30 Mindful Meditations (AR)  3:30 Social Hour (C)</p>	<p>10:00 Morning Exercise (AR) <b>29</b>  <b>10:30 Think More (AR)</b>  1:00 Bingo (AR)  1:00 Hand &amp; Foot Club (C)  2:00 Movie Matinee (TH)  2:00 Balance Class w/ John (AR)  2:30 Creation Corner w/ Katie (AR)  3:00 Happy Cart Rounds!  3:30 Chair Tai Chi (AR)  5:30 Movie Night (TH)</p>	 <h1 style="text-align: center;">September 2020</h1> <p style="text-align: center;"><i>Together we are Hearth Strong!</i></p>		